**Sports Bible Verses**

**What the Bible Tells Us About Athletics**

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<http://christianteens.about.com/od/christianliving/a/Bible_Verses_Sports.htm>

There are a number of sports bible verses that tell us about how to be good athletes, and the Christian traits that athletics can instill in each of us. Here are some sports bible verses that give us a proper sense of competition, preparation, winning, losing, and sportsmanship:

**Competition**

1 Timothy 6:11-12
*But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

1 Corinthians 9:25
*Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

**Preparation**

1 Peter 1:13-16
*Therefore, prepare your minds for action; be self-controlled; set your hope fully on the grace to be given you when Jesus Christ is revealed. As obedient children, do not conform to the evil desires you had when you lived in ignorance. But just as he who called you is holy, so be holy in all you do; for it is written: "Be holy, because I am holy."* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

**Winning**

2 Samuel 23:12
*But Shammah took his stand in the middle of the field. He defended it and struck the Philistines down, and the LORD brought about a great victory.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

1 Corinthians 9:24-27
*Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

2 Timothy 2:5
*Similarly, if anyone competes as an athlete, he does not receive the victor's crown unless he competes according to the rules.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

1 John 5:4b
*This is the victory that has overcome the world, even our faith.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

**Losing**

Mark 8:34-38
*Then he called the crowd to him along with his disciples and said: "If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me and for the gospel will save it. What good is it for a man to gain the whole world, yet forfeit his soul? Or what can a man give in exchange for his soul? If anyone is ashamed of me and my words in this adulterous and sinful generation, the Son of Man will be ashamed of him when he comes in his Father's glory with the holy angels."* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

**Perseverance**

Philippians 4:13
*I can do everything through him who gives me strength.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

Philippians 3:12-14
*Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

Hebrews 12:1
*Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

Galations 6:9
*Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

**Sportsmanship**

Philippians 2:3
*Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

Proverbs 25:27
*It is not good to eat too much honey, nor is it honorable to seek one's own honor.* [(NIV)](http://christianteens.about.com/od/versionsofthebible/p/NIV.htm)

# Bible Verses & Quotes For Athletes, Athletics, Sports, Sports Teams, Players, Coaches, Runners, Running

<http://www.jollynotes.com/inspirational-verses/athletes-verses/>

Bible Verses & Quotes For, About Athletes, Athletics, Coaches, Sports, Sports Teams, Sports Players, Runners, Races, Racing. Good, Great, Inspirational, Motivational, Uplifting, Encouraging Bible Verses For Athletes, Athletics, Coaches, Sports, Sports Teams, Sports Players, Running, Sportsmanship, Training, Running A Race. Most Inspiring Bible Verses, Quotes, Scriptures, Passages, Quotations Related to Sports – To Encourage, Motivate, Inspire, Train Athletes & Coaches. ***See Bible Verses, Prayers, Quotes For Athletes By Scrolling Down, After Thoughts Below. & See More Motivational Verses By Topic eg Men, Women, Students, Soldiers, Stress, Teenagers, Youth, etc.*** (Including Best, ***Favorite Sports Quotes***, Stories and Sayings For Athletics below.)

**Thoughts:** Successful Athletes are : Disciplined in their Training, Self-controlled, Purposeful, and Follow the rules. We are all reminded to continually develop and practice these extremely useful habits in our spiritual lives as well. As athletes, we should remember that we can do everything through Christ who strengthens us. Instead of worrying or being anxious, we should work hard – running the race, practicing and training our bodies accordingly; and pray – putting our hope in God through prayer and actions. Be encouraged, don’t give up. Do not fear, God is with us! We will always find new strength in God. Finally, let’s remember to give God all the glory with our athletic and other [*skills, gifts and talents*](http://www.jollynotes.com/inspirational-verses/abilities-gifts-talents-verses/). All the best!

**Encouraging, Inspirational & Motivational Bible Verses For Athletes**

**Philippians 4:6**
“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.” (NIV)

**Philippians 4:13**
“I can do all things through Him who strengthens me.” (NASB)

**Isaiah 40:29-31**
“He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” (NIV)

**Hebrews 12:11-13**
“No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. Therefore, strengthen your feeble arms and weak knees.”

**1 Corinthians 9:25-27**
“All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.” (NLT)
— These Bible verses are also great for weight training

**1 Corinthians 6:19-20** “Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.” (NIV)

**2 Timothy 2:5 -7**
“If anyone competes as an athlete, he does not receive the victor’s crown unless he competes according to the rules. The hardworking farmer should be the first to receive a share of the crops. Reflect on what I am saying, for the Lord will give you insight into all this.” (NIV)

**1 Timothy 4:8**
“Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.” (NLT)

**1 Timothy 4:6-10**
“You’ve been raised on the Message of the faith and have followed sound teaching. Now pass on this counsel to the followers of Jesus there, and you’ll be a good servant of Jesus. Stay clear of silly stories that get dressed up as religion. Exercise daily in God—no spiritual flabbiness, please! Workouts in the gymnasium are useful, but a disciplined life in God is far more so, making you fit both today and forever. You can count on this. Take it to heart. This is why we’ve thrown ourselves into this venture so totally. We’re banking on the living God, Savior of all men and women, especially believers.” (The Message)

**Isaiah 40:31**
“But those who hope in the LORD
will renew their strength.
They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.” (NIV)

**Galatians 5 :13-14**
“Ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another. For all the law is fulfilled in one word, even in this; Thou shalt love thy neighbor as thyself.” (KJV)

**Colossians 3:23-24**
“Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.” (NIV)

**Psalm 105:4**
“Look to the LORD and his strength; seek his face always.”

**Romans 5 :3-4** “We glory in tribulations also: knowing that tribulation worketh patience; and patience, experience; and experience, hope.” (KJV)

**Matthew 5:14-16**
“You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.” (NIV)

**Isaiah 41:10**

“So do not fear, for I am with you; Do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” (NIV)

**Great Verse For Coaches & Athletes..**
Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering, forbearing one another, and forgiving one another, if any man have a quarrel against any; even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness. And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful. Colossians 3 :12 -15

**Philippians 3:12-14**
“Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.” (NKJV)

**1 Corinthians 10:31**
“So whether you eat or drink or whatever you do, do it all for the glory of God.” (NIV)

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**Bible Verses about Physical Exercise**

http://www.openbible.info/topics/physical\_exercise

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[**1 Corinthians 6:19-20**](http://www.biblegateway.com/passage/?search=1+Corinthians+6%3A19-20&version=ESV) **ESV / 100 helpful votes**

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

[**1 Timothy 4:8**](http://www.biblegateway.com/passage/?search=1+Timothy+4%3A8&version=ESV) **ESV / 95 helpful votes**

For while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.

[**3 John 1:2**](http://www.biblegateway.com/passage/?search=3+John+1%3A2&version=ESV) **ESV / 43 helpful votes**

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.

[**Philippians 4:13**](http://www.biblegateway.com/passage/?search=Philippians+4%3A13&version=ESV) **ESV / 23 helpful votes**

I can do all things through him who strengthens me.

[**1 Corinthians 9:27**](http://www.biblegateway.com/passage/?search=1+Corinthians+9%3A27&version=ESV) **ESV / 23 helpful votes**

But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

[**Isaiah 40:28-31**](http://www.biblegateway.com/passage/?search=Isaiah+40%3A28-31&version=ESV) **ESV / 20 helpful votes**

Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

[**1 Corinthians 9:24**](http://www.biblegateway.com/passage/?search=1+Corinthians+9%3A24&version=ESV) **ESV / 18 helpful votes**

Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it.

[**2 Timothy 4:7**](http://www.biblegateway.com/passage/?search=2+Timothy+4%3A7&version=ESV) **ESV / 11 helpful votes**

I have fought the good fight, I have finished the race, I have kept the faith.

[**Hebrews 12:1**](http://www.biblegateway.com/passage/?search=Hebrews+12%3A1&version=ESV) **ESV / 4 helpful votes**

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us,

[**Proverbs 24:5**](http://www.biblegateway.com/passage/?search=Proverbs+24%3A5&version=ESV) **ESV / 4 helpful votes**

A wise man is full of strength, and a man of knowledge enhances his might,

[**Acts 20:24**](http://www.biblegateway.com/passage/?search=Acts+20%3A24&version=ESV) **ESV / 3 helpful votes**

But I do not account my life of any value nor as precious to myself, if only I may finish my course and the ministry that I received from the Lord Jesus, to testify to the gospel of the grace of God.

[**Proverbs 3:7-8**](http://www.biblegateway.com/passage/?search=Proverbs+3%3A7-8&version=ESV) **ESV / 3 helpful votes**

Be not wise in your own eyes; fear the Lord, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

[**Proverbs 14:30**](http://www.biblegateway.com/passage/?search=Proverbs+14%3A30&version=ESV) **ESV / 2 helpful votes**

A tranquil heart gives life to the flesh, but envy makes the bones rot.

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**BIBLE VERSES ON HEALTH**

**http://www.hopeinspirationministry.com/bible\_verses\_on\_health.htm**

**The Bible Verses Below Appear in the Home Page of the Hope Inspiration Ministry in Random Order, but are Listed Below in Order of Appearance in the Bible in the Old and New Testaments**

**With Additional Quotes by Frank Jordan and Others in the Hope Inspiration Ministry Website**

**OLD TESTAMENT VERSES by ORDER IN THE BIBLE**

**Exodus:**

***"He said, 'If you listen carefully to the voice of the Lord your God and do what is right in His eyes, if you pay attention to His commands and keep all of His decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you.' "   Exodus 15:26***

**Numbers:**

***"The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face toward you and give you peace." Numbers 6:24-26***

**Leviticus:**

***"For the life of a creature is in the blood..."  Leviticus 17:11*  [Our blood permits physical life; His blood heals and gives eternal life.]**

**Deuteronomy:**

***"And the Lord will take away from thee all sickness..." Deuteronomy 7:15* [If you follow His commands and accept Jesus Christ as your Lord and Savior]**

**Joshua**

***"Be strong and of good courage; be not afraid nor dismayed for the Lord is with you wherever you go."  Joshua 1:9***

**Job:**

***"In his hand is the life of every creature and the breath of all mankind.***

**Psalms:**

***"Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me."  Psalms 23:4***

***"If I regard iniquity in my heart, the Lord will not hear me."  Psalms 66:18***

***"Bless the Lord, O my soul, and forget none of His benefits; Who pardons all your iniquities; Who heals all your diseases; Who redeems your life from the pit; Who crowns you with loving kindness and compassion; Who satisfies your years with good things, So that your youth is renewed like an eagle." Psalms 103:1-5***

***Praise the Lord, my soul, and never forget all the good he has done: He is the one who forgives all your sins, the one who heals all your diseases."  Psalms 103:2-3***

***"Then they cried to the Lord in their trouble, and he saved them from their distress. He sent forth His word and healed them; he rescued them from the grave." Psalms 107:19-20***

***"It is better to trust in the Lord than to put confidence in man." Psalms 118.8* (this Verse is in the exact center of the Bible! Psalms 117 is the shortest Chapter in the Bible and Psalms 119 is the longest Chapter!  Frank's Note: Man is too often guided by greed and profit in medicine and drugs, instead of human compassion for the individual as is the nature of the Lord.)**

***"The Lord is with me; I will not be afraid...The Lord is with me; He is my helper." Psalms 118:6-7***

***"He helps the brokenhearted and binds their wounds."  Psalms 147:3***

**Proverbs:**

***"Do not be wise in your own eyes; fear and respect the Lord and shun evil. This will bring health to your body and nourishment to your bones." Proverbs 3:7-8***

***"How blessed is the man who finds wisdom and the man who gains understanding. For its profit is better than the profit of silver, and its gain than fine gold. ...Long life is in her right hand."  Proverbs 3:13-14***

***"Above all else, guard your heart, for it is the wellspring of life."  Proverbs 4:23***

***"Hope deferred makes the heart sick; but when hopes are realized at last, there is life and joy."  Proverbs 13:12***

***"A heart at peace gives life to the body, but envy rots the bones." Proverbs 14:30***

***"When a man is gloomy, everything seems to go wrong; when he is cheerful (and full of hope), everything seems right."  Proverbs 15:15***

***"A cheerful heart is good medicine." Proverbs 17:22***

***"A man's spirit can sustain his broken body, but when spirit dies, what hope is left?"   Proverbs 18:14***

***"Know that wisdom is sweet to your soul; if you find it,...there is hope and it will not be cut off."    Proverbs 24:14***

***"If you find honey, eat just enough -- too much of it, and you will vomit."   Proverbs 25:16  (limit sugar intake or become ill)***

**Isaiah:**

***"They will turn to the Lord, and He will respond to their pleas and heal them."  Isaiah 19:22***

***"You, Lord, give perfect peace even in turmoil to those who keep their purpose firm and put their trust in you."  Isaiah 26:3***

***"I have carried you since you were born; I have taken care of you from your birth. Even when you are old, I will be the same. Even when your hair has turned gray, I will take care of you. I will sustain you and I will rescue you." Isaiah 46:3-4***

***He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like an eagle; they will run and not grow weary, they will walk and not faint. -- Isaiah 40:28-31* NIV**

***Surely He hath borne our sicknesses* [*kholee*, infirmities]*, and carried our sorrows* [*makob*, pains, diseases]*. Isaiah 53:4***

***"...by His wounds we are healed." Isaiah 53*:5  (The Greek word "iaomai" is used 28 times in the Bible, always meaning physical healing.)**

***"Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to Me and eat what is good, and your soul will delight in the richest of fare."  Isaiah 55:2***

***"I was enraged by his* [ mankind's ] *sinful greed; I punished him, and hid my face in anger, yet he kept on his willful ways. I have seen his ways, but I will heal him."  Isaiah 57:17-18***

***"The Lord will guide you always; He will satisfy your needs...and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail." Isaiah 58:11***

**Jeremiah:**

***"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."  Jeremiah 29:11***

***"This is what the Lord says,: 'Your wound is incurable, your injury is beyond healing. There is no one to plead your cause, no remedy for your sore, no healing for you.  All your allies have forgotten you; they care nothing for you. ... But I will restore you to health and heal your wounds...'"   Jeremiah 30:12-14, 17***

**Ezekiel:**

***"This is what the Sovereign Lord says to these bones: I will make breath enter you, and you will come to life."  Ezekiel 37:4-6***

**Hosea:**

***"My People are destroyed from lack of knowledge"   Hosea 4:6***

**Malachi**

***"But for you who revere my name, the sun of righteousness will rise with healing in its wings. And you will go out and leap like calves released from the stall. 3 says the LORD Almighty.   Malachi 4:2*    (FJ: Last book and next to final prophesy (final was the coming of John the Baptist) by the final prophet of the Old Testament, referring to Jesus born about 430 years later as the "sun" or light of the world and his resurrection when he rises from the dead with the eternal healing that conquers physical death.)**

**NEW TESTAMENT VERSES BY ORDER IN THE BIBLE**

**Matthew:**

***"You cannot add any time to your life by worrying about it."   Matthew 6:27***

***"So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time."  Matthew 6:34***

***"Ask and you will be given what you ask for. Seek, and you will find. Knock and the door will be opened. For everyone who asks, receives. Anyone who seeks, finds. If only you will knock, the door will be open."  Matthew 7:7-8***

***When evening came, many who were demon-possessed were brought to HIM and He drove out the spirits with His word and healed all that were sick. This was to fulfill what was spoken through the prophet Isaiah: "He took up our infirmities and carried our diseases." Matthew 8:16-17***

***"The blind receive sight, the lame walk, those who have leprosy are cured, the deaf hear, the dead are raised and the Good News is preached to the poor."  Matthew 11:5***

***"Jesus...said, "With man this is impossible, but with God all things are possible."  Matthew 19:26***

**Mark:**

***"...He saw the heaven being torn open and the Spirit descending on HIM like a dove." Mark 1:10***

***"He* [Jesus] *said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering."  Mark 5:34***

***"...if you can do anything,...help us."  "If you can?" said Jesus. "Everything is possible for HIM who believes."  Mark 9:23***

**Luke:**

***"Jesus said unto them, 'Surely you will quote this proverb to Me: Physician, heal yourself.' " Luke 4:23***

***"Your faith has healed you. Go in peace." Luke 8:48***

***"So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.  For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened." Luke 11:9***

***"And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting (overeating), and drunkenness, and cares of this life, and so that day come upon you unawares."  Luke 21:34***

**John:**

***"I tell you the truth, whoever hears my word and believes HIM who sent me has eternal life and will not be condemned; he has crossed over from death to life." John 5:24***

***"If you hold to My teaching, you are really my disciples.  And ye shall know the truth, and the truth shall make you free."  John 8:32***

***"...But I know this, I was blind, but now I see!"  John 9:25***

***"Jesus said, "...I have come into this world, so that the blind will see... ."  John 9:39***

***"I am the resurrection and the life. He who believes in me will live, even though he dies; and whoever lives and believes in me will never die."  John 11:25-26***

***"Now because the Spirit of Christ is implanted within Christians, we are to show great, transforming, sacrificial and unmerited love both to other Christians and to the world." John 13:35***

***"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."  John 14:27***

***"If you remain* [and maintain a living communion] *in me and my words remain in you, ask whatever you wish, and it will be given you." John 15:7-8***

***"If you abide in Me and My Word abides in you, ask what you will and it shall be done unto you."  John 15:7***

**Acts:**

***"...how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because god was with*** HIM***.    Acts 10:38***

***"...The Holy Spirit spoke the truth to your forefathers when he said through Isaiah the prophet (Isa 6:9-10):  Go to this people and say, 'You will be ever hearing but never understanding; you will be ever seeing but never perceiving." For this peoples heart has become calloused; they hardly hear with their ears, and they have closed their eyes. Otherwise, they might see with their eyes, hear with their ears, understand with their hearts and turn, and I would heal them.'"      Acts 28:25-27***

**Romans:**

***"But we...rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope." Romans 3:5***

***"If a man's gift is serving, let HIM serve; if it is teaching, let HIM teach; if it is encouraging, let HIM encourage; if it is contributing to the needs of others, let HIM give generously; ..."  Romans 12:7-8***

***"May the God of hope fill you with all joy and peace as you trust in HIM, so that you may overflow with hope by the power of the Holy Spirit."  Romans 15:13***

**1 Corinthians:**

***"Do you not know that your body is a temple of the Holy Spirit, Who is in you, Whom you have received from God? ... So use every part of your body to give glory back to God..."  1 Corinthians 6:19-20***

***"You were bought at a price* [Jesus death on the cross]*.  Therefore honor God with your body." 1 Corinthians 6:20***

***"The things we see now (including illness and suffering) are here today, gone tomorrow. But the things we cannot see now will last forever.***" ***1*** ***Corinthians 7:31.***

***"God keeps His promise, and He will not allow you to be tested beyond your power to remain firm; at the time you are put to the test, He will give you strength to endure it, and so provide you with a way out."    1 Corinthians 10:13***

***"The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ."  1 Corinthians 12:12-13"***

***"Every part is placed by God exactly where He wants it. It functions best when it is where he placed it and performing its duty."  1 Corinthians 12:18***

***12: Our bodies have many parts, but the many parts make up only one body when they are all put together.  14: Yes, the body has many parts, not just one part.  15: If the foot says, ‘I am not a part of the body because I am not a hand,’ that does not make it any less a part of the body.  16: And what would you think if you heard an ear say, “I am not part of the body because I am only an ear, and not an eye’? Would that make it any less a part of the body? 17: Suppose the whole body were an eye – then how would you hear? Or if your whole body were just one big ear, how could you smell anything?***

***18: But that isn’t the way God has made us. He has made many parts for our bodies and has put each part just where he wants it. 19: What a strange thing a body would be if it had only one part!  So he has made many parts, but still there is only one body.  21: The eye can never say to the hand, “I don’t need you.”  The head can’t say to the feet, “I don’t need you.***

***22: And some of the parts that seem weakest and least important are really the most necessary. 23: Yes, we are especially glad to have some parts that seem rather odd! And we carefully protect from the eyes of others those parts that should not be seen, 24:  while of course the parts that may be seen do not require this special care. So God has put the body together in such a way that extra honor and care are given to those parts that might otherwise seem less important. 25: This makes for happiness among the parts, so that the parts have the same care for each other that they do for themselves. 25: If one part suffers, all parts suffer with it, and if one part is honored, all the parts are glad.”   1 Corinthians 12:12-26***

**2 Corinthians:**

***But thanks be to God, who in Christ always leads us in triumph, and through us spreads the fragrance of the knowledge of HIM everywhere."  2 Corinthians 2:14***

***"We fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal."***  ***2 Corinthians 4:18***

**Galatians:**

***"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self control."  Galatians 5:22-23***

**Ephesians:**

***"Now to HIM who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to HIM be glory in the church and in Christ Jesus throughout all generations, for ever and ever!  Amen"    Ephesians 3:20-21***

***"There is one body and one Spirit - just as you were called to one hope when you were called - one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all."  Ephesians 4:4-6* [A major verse in support of Holistic and Holyistic Health - Body, Mind and Spirit are one]**

***"From HIM the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work."    Ephesians 4:16***

**Philippians:**

***"Do not be anxious about anything, but in everything, by prayer and petition, with Thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6***

***"I can do all things through Christ who strengthens me." Philippians 4:13***

**Hebrews:**

***"Now Faith is the assurance of things hoped for, the conviction of things not seen."  Hebrews 11:1***

***"So take a new grip with your tired hands, stand firm on your shaky legs, and mark out a straight, smooth path for your feet so that those that follow you, though weak and lame, will not fall and hurt themselves, but become strong."   Hebrews 12:12***

**James:**

***"And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned he will be forgiven. Therefore, confess your sins to each other and pray for each other so that you may be healed." James 5:15-16***

**1 Peter:**

***"...by His wounds you have been healed." 1 Peter 2:24***

**1 John**

***"If we ask anything according to God's will, He hears us and answers," 1 John 5:14,15***

**3 John**

***"...I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well."  3 John 1:2***