# LMISSTFA Track Meet #3

# Swangard Wednesday April 24/13

**Coaches Meeting @ 1:00**

**Meet Begins @ 1:15**

 **Track Event Schedule**

**100 m A Event 1:15 Grade 8 Girls Grade 8 Boys**

 **Grade 9 Girls Grade 9 Boys**

 **Grade 10 Girls Grade 10 Boys**

 **Grade 11-12 Girls Grade 11-12 Boys**

**800 m A Event 2:00 Grade 8 Girls Grade 8 Boys**

 **Grade 9 Girls Grade 9 Boys**

 **Grade 10 Girls Grade 10 Boys**

 **Grade 11-12 Girls Grade 11-12 Boys**

**1500m Race Walk 2:30 All Girls and Boys**

**A Event**

**4 X 100m B Event Grade 8 Girls Grade 8 Boys**

 **Grade 9 Girls Grade 9 Boys**

 **Grade 10 Girls Grade 10 Boys**

 **Grade 11-12 Girls Grade 11-12 Boys**

## Field Event Schedule

**Triple Jump A Event 1:15 – 2:15 Grade 8-9 Boys**

 **2:15 – 3:30 Grade 10-12 Boys**

**Discus A Event 1:15 – 2:15 Grade 8-9 Girls (1kg)**

 **2:15 – 3:30 Grade 10-12 Girls (1kg)**

**Shot Put A Event 1:15 – 2:15 Grade 8-9 Boys (4kg)**

 **2:15 – 3:15 Grade 10-12 Boys**

 **Gr. 10 (4kg)**

 **SR. (12 lb)**