**Teaching Outline**

November 23:

* Read over notes with class
	+ Answer questions
* Warm up
	+ Army crawl
	+ Stretching
	+ High knees
	+ But kicks
	+ Karaoke
	+ Side Shuffle
* Stickhandling
	+ No cones
	+ Around cones after class gets it
* Shooting
	+ Against wall
	+ Bring nets with targets
* Teach Cone Drill
	+ Go around set cones in under 25 seconds, finish with shot on net on upper half of net.

November 27

* Skating
	+ Lesson plan on PDF

November 29

* Warm up
	+ Army crawl
	+ Stretching
	+ High knees
	+ But kicks
	+ Karaoke
	+ Side shuffle
* Stickhandling
	+ With cones
* Passing (possible today, if not, on December 4)
	+ Across to partner
	+ Passing on the go
* Shooting
	+ Practice against wall
	+ Few players at a time on nets
* Cone Drill Practice
	+ Time remaining, people can practice the Cone Drill Test

December 4

* Cone Drill Test
* Hockey Test
* Passing
	+ Continue passing if gotten to on 29th
	+ Start with partner
	+ 1 drill going up
* Game