**Teaching Outline**

November 23:

* Read over notes with class
  + Answer questions
* Warm up
  + Army crawl
  + Stretching
  + High knees
  + But kicks
  + Karaoke
  + Side Shuffle
* Stickhandling
  + No cones
  + Around cones after class gets it
* Shooting
  + Against wall
  + Bring nets with targets
* Teach Cone Drill
  + Go around set cones in under 25 seconds, finish with shot on net on upper half of net.

November 27

* Skating
  + Lesson plan on PDF

November 29

* Warm up
  + Army crawl
  + Stretching
  + High knees
  + But kicks
  + Karaoke
  + Side shuffle
* Stickhandling
  + With cones
* Passing (possible today, if not, on December 4)
  + Across to partner
  + Passing on the go
* Shooting
  + Practice against wall
  + Few players at a time on nets
* Cone Drill Practice
  + Time remaining, people can practice the Cone Drill Test

December 4

* Cone Drill Test
* Hockey Test
* Passing
  + Continue passing if gotten to on 29th
  + Start with partner
  + 1 drill going up
* Game